

Spūna to horò

(Bulgaria)

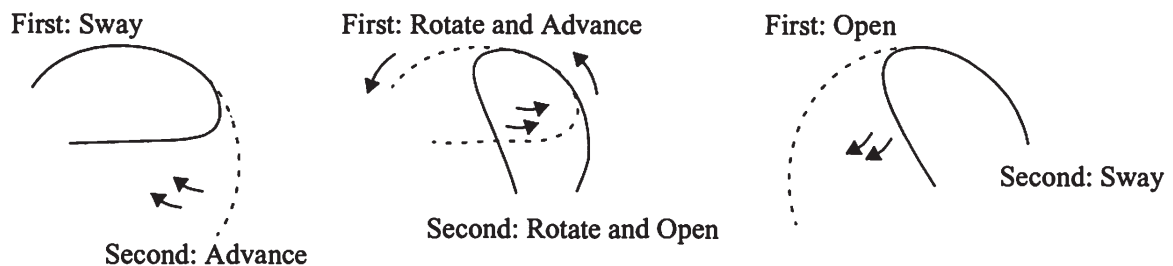
From the village of Pokrovàn, South Thrace. The women from Pokrovàn used to dance “Spunato horo” on the 6th of May—Saint George's day. This is one of the biggest holidays in Bulgaria. The dance is a very good example from this folk area—we call it “Peeni hora”—songs dances. The women sing in two groups, alternating each other while dancing the whole dance. The steps are simple, but the scheme is very interesting—it looks like a game between the First and Second halves of the semicircle.

The Second half starts the dance going forward—face to face with the First half of the semicircle. Then First half “answers”—going toward the Second and diagonally right. Both groups open the shape to semicircle and repeat the figures again. Basically the scheme of the dance is closing, answering, opening. All the time they stay together, not cutting the line.

The Second half dances Fig I, “Advance” toward First half; Fig II “Open” to semicircle; Fig III, “Sway.”

The First half dances: Fig III, “Sway;” Fig I, “Advance” toward Second half; Fig II, “Open” to semicircle. When the First half advances, the semicircle also rotates CCW.

Both groups start together and alternate their own figures to the end of the song.



Pronunciation:

CD: ILBD # 9 - 2002

2/4 meter

Formation: Open circle of women, hands joined in front basket.

Meas

Pattern

5 meas

INTRODUCTION

I. ADVANCE

- 1 Facing ctr, step fwd on R twd First half (ct 1); leap fwd onto L (ct 2).
 2-6 Repeat meas 1 five more times.
 7 In front of the First half, stamp R next to L, no wt (ct 1); hold (ct 2).

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II. OPEN

- 1 Facing each other, step bkwd on R (ct 1); lift on R (ct 2).
2-7 Repeat meas 1 six times, alternating ft.

III. SWAY

- 1 In place facing ctr, step on L to L side (ct 1); lift on L keeping R on the ground (ct 2).
2 Sway the body to R side keeping L on the ground (ct 1); lift on R keeping L on the ground (ct 2).
3-7 Repeat meas 2 five times, alternating L and R sides.

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